

The Inside View

Special COVID-19 Wellness Edition

Staff Spotlights

Spreading Positivity Across Campus

A talented artist, Mande Martin of the Department of Radiology support staff team has painted additional windows in the medical center to bring warmth and cheer to passersby. Her beautiful designs also offer motivation and strength to all BIDMC health care workers. Thank you, Mande, for your ongoing positivity and thoughtful support!



Mande Martin, Radiology Support Staff

Critical Supply Collection

Diana Litmanovich, MD, has partnered with several Chinese organizations in the Greater Boston Area, including Belmont, Billerica, Lexington, and Needham, to collect nearly several thousand surgical, KN-95, and N-95 masks for redistribution at BIDMC. Thank you, Dr. Litmanovich, for coordinating these critical donations!



Diana Litmanovich, MD, collecting a mask donation for BIDMC in Billerica

Know an individual or a team in Radiology that has gone above and beyond? [Share your stories.](#)

Weekly Contest!

Thank you to everyone who submitted entries to our first contest: Radiology Needs a Theme Song! **We have received nearly a dozen nominations and we will accept any last-minute submissions until tomorrow, April 21, at 5 p.m.** Please send song and artist names to [Dr. Katarina Anderson](#). The winner will be announced in the April 27 edition of *The Inside View*.

For our second contest, we're seeking the most unique and creative mask in the department! **Send a photo of yourself wearing your cloth mask to [Lindsay Oslund](#) by this Friday, April 24.** We will vote on a winner in the April 27 issue of *The Inside View*.

Each weekly contest winner will receive a gift card to a local food pickup/curbside store!



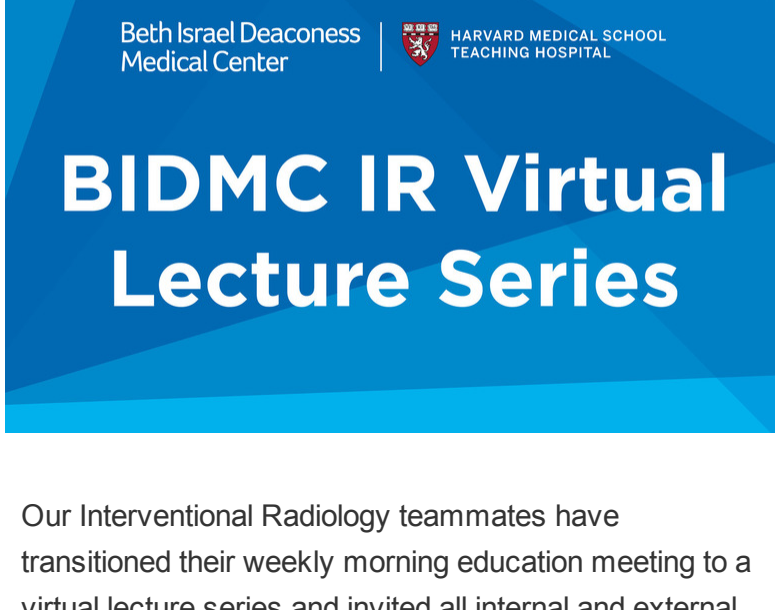
Tune Into the Faculty Development Podcast

In this new BIDMC Radiology series, our host, David Hackney, MD, speaks with members of the faculty team about their areas of expertise. Learn more about:

- Clinical Teaching Best Practices with Jim Wu, MD
- High-Quality, High-Throughput Clinical Reading with Rafeeqe Bhadelia, MD
- Advancing One's Investigative Career with Muneeb Ahmed, MD
- Longer-Service Criteria for Promotion with Debbie Levine, MD

Please send feedback and suggestions for topics and guests to [Dr. Hackney](#). Episodes are now available in the Radiology Faculty Development, Diversity & Equity section of the Portal.

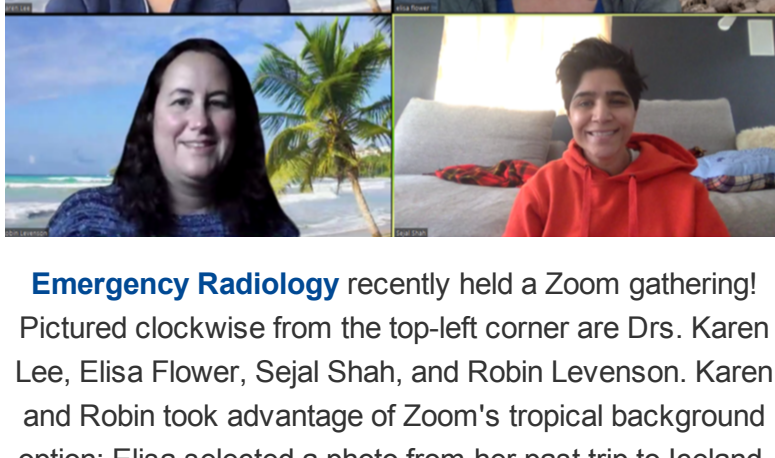
[Listen to The Faculty Development Podcast](#)



Our Interventional Radiology teammates have transitioned their weekly morning education meeting to a virtual lecture series and invited all internal and external trainees to join via Zoom! Details are posted on our [Twitter page](#) a few days before each lecture.

Team Photo Gallery

During this time of social distancing, it can be especially uplifting to see photos of our teammates. [Send us your photos!](#)



Emergency Radiology recently held a Zoom gathering! Pictured clockwise from the top-left corner are Drs. Karen Lee, Elisa Flower, Sejal Shah, and Robin Levenson. Karen and Robin took advantage of Zoom's tropical background option; Elisa selected a photo from her past trip to Iceland.

In Case You Missed It

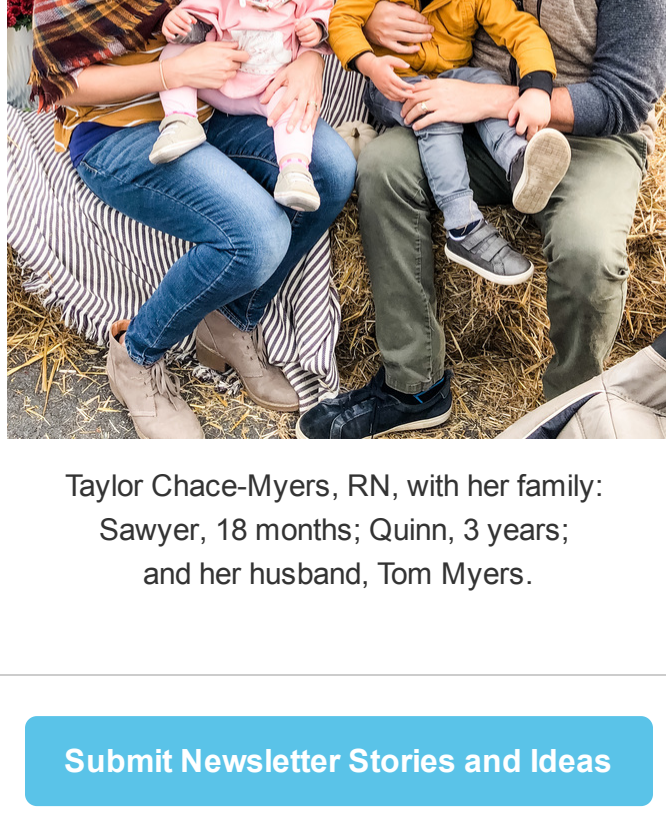
BIDMC Staff Surprised With Trip to Fenway Park

The Red Sox and actor John Krasinski teamed up to give BIDMC staff on the frontlines of the COVID-19 pandemic some welcome good news. [Read the story](#) and check out [the video](#).



BIDMC ICU Nurse Honored as 'Jimmy Kimmel Live!' Health Care Hero

Last week, Lindsay Oslund had the chance to interview and write a story about BIDMC ICU Nurse Taylor Chace-Myers, RN, who was recently honored as a 'Jimmy Kimmel Live!' health care hero. Read the story and watch the segment [on the Portal](#).



Taylor Chace-Myers, RN, with her family: Sawyer, 18 months; Quinn, 3 years; and her husband, Tom Myers.

[Submit Newsletter Stories and Ideas](#)

[Read Past Newsletters on the Portal](#)

Coronavirus Central

BIDMC Daily COVID-19 Update

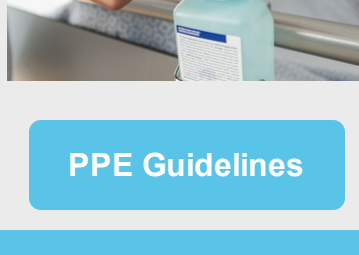
For the latest number of COVID-19 cases at BIDMC and employees who have tested positive, [visit Coronavirus Central](#).

Watch daily video updates from [BIDMC leadership here](#).

Have Your BIDMC ID Badge Ready to Enter the Medical Center

To protect the health of our patients and staff during the COVID-19 outbreak, BIDMC has restricted access to all visitors. Any person entering facilities on our East and West Campus is being screened, and employees must show their BIDMC ID badge to enter the medical center.

Infection Control Resources



[PPE Guidelines](#)

[Daily Symptom Reporting](#)

[Employee Health FAQs](#)

[Resources for Patients](#)

Interested in making your own masks for personal use? Check out these resources:

- [NYT: How to Make a Face Mask](#)
- [YouTube: Face Mask Sewing Tutorial](#)
- [NYT: How NOT to Wear a Face Mask](#)

Completed masks for redistribution to BIDMC/BILH can be dropped off with or shipped to:

Tim Parritt
Sr. Operations Director
Department of Radiology
Beth Israel Deaconess Medical Center
1 Deaconess Rd.,
Rosenberg Room 306
Boston, MA 02215

Child Care Resources

[Learn More](#)



Delivery/Curbside:

- [Whole Foods](#)
- [Peapod](#)
- [Wegmans](#)
- [Mercato](#)
- [Wilson Farm](#)
- [Russo's](#)
- [Allium Market](#)
- [Berezka International Food](#)
- [Cours and Co.](#)
- [Dave's Fresh Pasta](#)
- [Outdoor Grocery Shopping with Appointments](#)
- Fish, Meat, Poultry, Butter:
 - >>[Red's Best](#)
 - >>[Savenor Butcher Shop](#)
 - >>[Walden Local](#)
- [Boston Magazine's List of Local Stores](#)
- [Eater Boston's Grocery Guide](#)

Cafeteria & Gift Shop Payroll Deduction Program

Eligible BIDMC employees can now register their ID badges to purchase items in BIDMC cafeterias and gift shops.

Once registered, employees can tap their badge at a participating location and the payment will be automatically deducted from their next paycheck.

[Learn More](#)

Your Health and Wellness



Down Under School of Yoga is offering two weeks of unlimited livestream classes for free as a thank you to health care workers who are on the front lines of the COVID-19 pandemic. [Learn more and register for the classes here](#).

For more wellness ideas, click the links below.

[Physical Fitness](#)

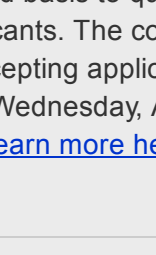
[Emotional Wellness](#)

Essential Rides for Essential Workers

There are two new local programs that offer bicycle transportation to essential workers during the COVID-19 crisis.

Bluebikes and the City of Boston have [launched a program](#) to provide essential health care staff with free 30-day Bluebikes membership. Registration is open until Thursday, April 30. [Click this link](#) to register and use discount code: **BIDMCBLUE**.

[Specialized Bicycles](#) is providing free bicycles on a first-come-first-served basis to qualified applicants. The company is accepting applications until Wednesday, April 22. [Learn more here](#).



Thank you for reading!

The Inside View is brought to you by the BIDMC Department of Radiology

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