# Radical Views... from the Department of Radiology July 2009

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|--|---|--|---|---|
| Mon  | Tues  | Wed  | Thurs   | Fri   |
| Need an OPENING<br>We have an OPENING<br>Now in Charlton<br>Harrington<br>Bio North Main Street<br>Harrington HealthCare of Charlton<br>www.harringtonhospital.org | 1:00 - 2:00<br>MRI section meeting (weekly)<br>TCC-484  | <b>1</b><br>7:30 -9:00<br>No morning conference<br>11:00-12:00 MSK clinical<br>conference (weekly)<br>12:00-1:00 (weekly)<br>Thoracic Imaging section meeting<br>GI Oncology/GU Oncology meeting | 2<br>7:30 - 9:00 Intro to Neuroradiology<br>(Bhadelia)<br>12:00 - 1:30<br>Abd section meeting (weekly)<br>WCC-354<br>12:00-1:00<br>MSK section meeting (weekly) | <b>3</b><br>July 4th Holiday  |
| <b>6</b><br>7:30 -9:00<br>Abdominal Conference (Wei)   | <b>7</b><br>7:30 - 8:15 Breast Anatomy<br>(Slanetz)<br>8:15-9:00 BIRADS (Slanetz)   | <b>8</b><br>7:30 -9:00<br>Chest Conference (TBA)   | <b>9</b><br>7:30 -9:00<br>MSK Conference (TBA)  | <b>10</b><br>7:30-9:00 Resident Case Conf. (TBA)<br>12:00-1:00<br>US section meeting [TCC-247A]   |
|  | 9:00 - 5:   | 00 daily 1st yr Residents Introduc   | tion Week   |   |
| <b>13</b><br>7:30 - 9:00<br>TBA(Rofsky)  | 14<br>7:30 - 8:15<br>Intro to MRI/MR Safety (Rofsky)<br>8:15-9:00<br>Nucs onference (TBA)<br>10:30-11:30<br>Nuc Med staff meeting (GZ-103)                    | <b>15</b><br>7:30 - 8:15 US Guided Biopsies<br>(McArdle)<br>8:15 - 9:00 Basic MRI Principles I<br>(Vinogradov)<br>300-4:00 Mammo section meeting<br>[TCC-484]                                    | <b>16</b><br>7:30 - 8:15<br>Spine Potpourri (Kleefield)<br>8:15 - 9:00<br>Spine Trauma (Rojas)  | <b>17</b><br>7:30 - 9:00 Body and MSK Cases<br>(Sher)<br>12:00 - 1:00 Resident Case<br>Conference (Hackney) [Clouse<br>Conf Rm]   |
| 20<br>7:30-8:15<br>Abdominal Conference (TBA)<br>8:15 - 9:00<br>Basic MRI Principles II<br>(Vinogradov)  | 21<br>7:30 - 8:15<br>Br Calcifications (Fein-Zachary)<br>8:15 - 9:00<br>MR System Components<br>(Greenman)<br>8:00 - 9:00 IR section meeting                  | <b>22</b><br>7:30 - 9:00<br>Chest Conference (TBA)   | <b>23</b><br>7:30 - 9:00<br>MSK Conference (TBA)  | 24<br>7:30-9:00<br>Resident Case Conference (TBA)<br>12:00 - 1:00<br>Resident Case Conference<br>(Kleefield) [Clouse Conf Rm]   |
| 27<br>7:30 - 9:00<br>Abdominal Conference (TBA)  | 28<br>7:30 - 9:00<br>Making an Image (Alsop)<br>8:15-9:00<br>Nucs onference (TBA)<br>8:00 IR section meeting<br>10:30-11:30<br>Nuc Med staff meeting (GZ-103) | <b>29</b><br>7:30 - 8:15<br>Fetal Skeleton Anomalies (Levine)<br>8:15 - 9:00<br>Spin Echo & Gradient Spin Echo<br>Imaging (Lenkinski)  | <b>30</b><br>7:30 - 8:15<br>Basic Stroke Imaging (Hackney)<br>8:15 - 9:00<br>Basic Brain Tumor Imaging (Rojas)  | <b>31</b><br>7:30-8:15<br>Resident Case Conference (TBA)<br>8:15 - 9:00<br>Signal to Noise (Grant)<br>12:00 - 1:00 Resident Case<br>Conference (Moonis)<br>[Clouse Conf Rm] |

## **DEPARTMENTAL NEWS**

It gives me great pleasure to announce that **Jim** Wu, MD, has been appointed as the new Director of the Radiology Residency Program at Beth Israel Deaconess Medical Center. Jim received his undergraduate training at Massachusetts Institute of Technology in 1994 and received his MD at Baylor College of Medicine in 1999. He then completed his diagnostic radiology residency at Yale-New Haven Hospital where he was Chief Resident in 2004. Jim remained at Yale for his fellowship year in Musculoskeletal Imaging and won the Fellow of the Year Award that same year. Thereafter Jim joined the Yale faculty prior to becoming a staff radiologist here at BIDMC in 2005. It didn't take long for our residents to recognize and show their appreciation for Jim's outstanding



dedication to teaching; he was awarded the Faculty Teacher of the Year Award in 2006, his first year on our staff. Jim has become recognized as a devoted and dedicated teacher and mentor and again received the Faculty Teacher of the Year Award at our graduation celebration last week! As a member of our 2009 Section of the Year, Jim is Co-Director of the Musculoskeletal Fellowship Program where he contributes to the outstanding teaching and clinical training provided to our residents and fellows. We are extremely fortunate to have such an enthusiastic and outstanding physician agree to take over the reigns of our wonderful Residency Program. Please join me in congratulating Jim on this deserved promotion - we all look forward to watching the program become even stronger under Jim's leadership.

I would also like to take this opportunity to acknowledge the outstanding job that **Bettina Siewert** has performed as Program Director over the past five years. As Bettina now takes over leadership of the Abdominal Imaging Section and Fellowship Program, Jim is fortunate to be inheriting a strong, organized, popular and cohesive program that will continue to attract the best and brightest residents from around the country. Please join me in congratulating Jim and thanking Bettina for her truly outstanding service.

## Bettina Siewert, new Abdominal Imaging Section Chief at BIDMC

It is my great pleasure to announce that Bettina Siewert, MD, Assistant Professor of Radiology at Harvard Medical Student, has been promoted to Section Chief of our Abdominal Imaging Division. Bettina completed her medical training and a radiology residency at the Hospital of the Rheinische Friedrich Wilhelm University, in Bonn, Germany in 1992 and has been a member of our Department since 1993, when she first joined as an MR research fellow working with Bob Edelman and Paul Finn. Bettina completed a CT/MRI fellowship at Beth Israel Hospital in 1997 and completed her radiology residency at BIDMC in 2002, serving as Chief resident in 2001. Since joining our faculty, Bettina has worked in the abdominal imaging section where she has served in various roles including QA officer and leader of the virtual colonography program. Bettina is an outstanding and dedicated teacher and will continue to focus her research on imaging in the evaluation of the acute abdomen. Bettina has also served as Radiology Residency Program Director here at BIDMC since 2005. In her capacity as abdominal imaging section chief, Bettina will not only be responsible for the research, teaching and clinical services provided by the abdominal imaging division, but will also be Director of the ACGME-accredited Abdominal Imaging Fellowship Program. I am truly thrilled to hand over the reigns of the abdominal imaging section to such an outstanding physician and leader. Please join me in congratulating Bettina on this well deserved promotion.

 Congratulations to Maryann Humphrys and Jeanne Carbone who have just become the first nurses in our Department to be formally certified as Radiology Nurses by ARIN, the Association for Radiologic and Imaging Nurses. This is an arduous process that involves significant education and coursework, as well as passing a national exam. This on top of the rigors of their daily toil. We are so furtunate to have such an outstanding group of dedicated nurses in our department, and this achievement recognises this excellence! Congratulations Maryann and Jeanne!

- Jonny

## **Departmental Awards, Honors and Grants**

## • GRADUATION 2009: 16th ANNUAL FLEISCHNER DINNER & AWARDS CEREMONY

This year's annual Fleischner dinner was held at the DeCordova Museum in Lincoln amidst a threat of rain that kept us all hovering by the main entrance (next to the bar). Congratulations to the graduating trainees and the award recipients:

*Excellence in Teaching Medical Students:* Staff: Colin McArdle, Gillian Lieberman Resident: Aarti Sekhar, Ken Lai

Resident Awards: Teacher of the Year: Jim Wu, Rafael Rojas Section of the Year: MSK Fellow of the Year: Colm McMahon Norman Joffe Award: Ron Eisenberg

Andrew Berezin Award: Andrew Hines-Peralta Risa and Felix Fleischner Young investigator Award:

Andrew Hines-Peralta *RSNA Roentgen Research Awards:* Andrew Hines-Peralta (2009) Moritz Kircher (2008) *Congratulations to Andrew for his sweep of the evening's Triple Crown!* 



Special award to: Stacey McKinnon, B.S., R.R.A. in recognition of her becoming our first Registered Radiology

Assistant, having completed a 2-year on-site program through Loma Linda University

#### FELLOWS

Macksood A. Aftab, DO, MHA – Advanced Dx Imaging, Saginaw, MI Harprit Singh Bedi, MD – Rad Staff, Tufts University Andrew E. Bennett, MD – Rad Staff, BIDMC-Harrington B. Nicolas Bloch, MD – Chief, Br MR, Boston Medical Center Luce Cantin, MD, FRCPC– Ped Cardiac Imaging Fellow, TCH Thomas K. Chacko, MD – Private practice, Norwood, MA Felipe B. Collares, MD – IR Staff, BIDMC Michael G. Geary, MD – Commonwealth Rad Assoc., Salem Hospital Neely Lynn Hines, MD – Private practice, FL Milliam L. Kataoka, MD – Undecided Faisal Khosa, MD – Body MR Fellow, BIDMC Katherine M. Krajewski, MD – Rad staff, DFCI

## BIDMC Radiology Graduating Class of 2009



## RESIDENTS

Brian T. Callahan, MD – IR Fellow, BIDMC Martin R. Goyenechea, MD – undecided Andrew Hines-Peralta, MD – IR Fellow, Johns Hopkins Moritz F. Kircher, MD, PhD – Fellow, Stanford University Justin W. Kung, MD – MSK Fellow, BIDMC Kenny Ching Lai, MD, MBA – Mammo Fellow, MGH Kalpana L. Mani, MD, MEd – Neuro Fellow, BIDMC Michael Frederick Powell, MD – MR Fellow, BIDMC Jeffrey Velez, MD – IR Fellow, BIDMC

## Christina A. LeBedis, MD – Rad Staff, BU

Vaibhav H. Mangrulkar, MD – Staff, Clara Maas Medical Center, NJ Kamiar Massrour, MD – University Medical Center, Tuscon, AZ Colm McMahon, MB BAO BCh MRCPI FFR(RCSI) – MSK Staff, BIDMC Brian D. Midkiff, MD, MPH – St. Vincent's, Worcester, MA Harpreet Kaur Pannu, MD – Rad Staff, Sloan Kettering, NY, NY Gaurav M. Patel, MD – Medical Diagnostic Imaging Group, Phoenix Shayna C. Roberts-Klein, MD – Mammo staff, BIDMC Victor Ramon Rodriguez, MD, MS (Neuro) - Olean MRI, NY Jacob R. Wouden, MD – Staff, Washington Hospital, Fremont, CA Jingbing Xue, MD, PhD – IR Fellow, Rochester, NY

#### SERVICE AWARDS - Radiology

On Thursday, June 25th, we honored our own Radiology Department employees who are celebrating 5, 10 and 15 years of service at Beth Israel Deaconess Medical Center. We look forward to celebrating their 20-25-30 anniversaries!



#### 5 Years

Aker, Erin Andrade, Maria Benasky, Linda Bui, Thao Huyen Bythrow, Beth Campbell, Scott Carroll, Edward Croce, Robert Dong, Phuong Gerbrands, Charles Keiran, Jessica Martin, Amanda McInerney, Michelle Montana, Kristen Morgan, Mary-Elizabeth Munro, Jessica Peterson, Holly Piecuch, Andrea Ritchie, Mary Sisay, Naney Smith, Cynthia Wyatt, James

Nuclear Medicine Tech II - Nuc Med Technical Asst-Breast Imaging CT Tech II Nursing Assistant Ultrasonographer II Informatics Specialist (Rad Physics) Clinical Nurse II **Diagnostic Tech III** Rad Tech Assistant (Dx) Diagnostic Technologist - Sr Clinical Nurse II Associate III (Rad Support Svcs) Diagnostic Tech II CT Tech II **Diagnostic Tech III** Diagnostic Tech II Diagnostic Tech III MRI Tech II Radiology Associate II - Nuc Med Associate I (Rad Support Svcs) Cross-Trained Technologist II (Mammo) Patient Transport Assistant

## SERVICE AWARDS - BIDMC

On Monday, May 11, 2009, BIDMC employees celebrating their 20, 25, 30, 35 and 40 years of service were honored at a reception held at the Inn at Longwood Medical. Of the 330 recipients, 21 were from Radiology!

**HMFP** Admin

## 20 Years

Arsenault, Liz Augustus, Olga Castor, Ruben Donohoe, Kevin Franck, Pierre Fuller, Jeff Hermanns, Nancy Johnson, J. Kelleher, Suzette Levenson, Deborah MacLean, Ginny Murphy, Diane Nelson, Susan Platcow, Karen Sanon, Rosemaine Whitman, Nancy

## 25 Years

Horan, Julie Kennedy, Bernadette Stanley, Rose

**30 Years** Millet Pollack, Mary

**35 Years** Diggs, Diane Mgr, Mammography IR Nuce Med Sonographer MRI CT Technologist CT Mammo (Research) HMFP Radiology Mammo CT Rad Physics MRI US HMFP Radiology

Diagnostic US/Vasc Mgr Mammo

RN, Research

**Rad Physics** 



### 10 Years

Tate, Irene Abdelbasit, Yasir Birch, Gail Boyle, Matthew Dowie, Karen Finley, Mary Fernandes, Susan Howe, Ellen Jennette, Richard Lawrence, Barbara Morozov, Elena Mulvey, Janet Palmer, Matthew Petree, Jean Scott, Debra Stockbridge, Maeva

CT Tech II Diagnostic Tech II Sonograper Clin Practitioner MRI Tech - Sr Cross-Trained Technologist II (Mammo) Associate III (Rad Support Svcs) Radiology Associate I (Rad Support Svcs) Ultrasonographer III Residency/Fellowship Coordinator Admin Associate Breast Imaging Coordinator Nuclear Medicine Tech III Physicist- Nuclear Medicine Transcription QA Coordinator Ultrasonographer II **Clinical Instructor (US)** 



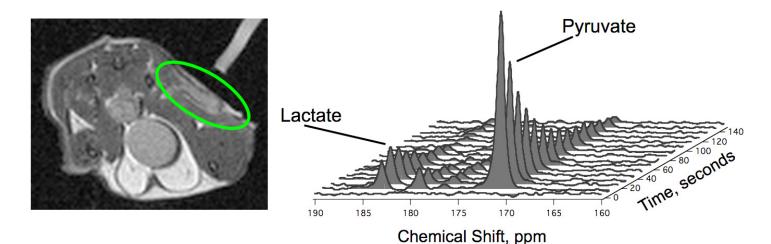
#### **15 Years** Appignani, Margaret Atoui Ghozayel, Safaa Boncoddo, Christine Forde, Clotell Kerr, Breige

Diagnostic Tech II Diagnostic Tech II CT Tech II Dept Administrator Special Procedures Tech – Sr (IR)

## Magnetic Resonance on Steroids: Increasing the Sensitivity of MRI by a Factor of 10,000 with Hyperpolarization

New technology in the Department of Radiology is changing the way we think about MRI. Last October, a new piece of equipment called a hyperpolarizer was installed at our animal MR imaging facility located in the Harvard Institutes of Medicine. This new device prepares molecules in a state of very high nuclear magnetization, which enhances the sensitivity of MRI by a factor of 10,000 or more. Traditionally, the low sensitivity of MRI has severely limited its range of applications. With hyperpolarization, however, MRI can be used to image the transport, uptake, and metabolism of tracer molecules such as pyruvate, glutamine, and choline, opening up a new frontier for real-time pathway-specific metabolic imaging.

In collaboration with Drs. Vikas Sukhatme and Pankaj Seth in the Department of Medicine, researchers are studying new cancer therapies that seek to reduce the rate of lactate formation in tumors. These therapies have been shown to slow, and in some cases reverse, the growth of certain types of cancer. Hyperpolarized pyruvate provides an ideal tool for studying these techniques. In normal cells, pyruvate is converted into Acetyl-CoA, which is the fuel for the Krebs cycle. In many cancers, however, pyruvate is metabolized into lactate instead. The spectroscopic capabilities of MRI make it possible to image the conversion of pyruvate into lactate and other compounds in real time. This is illustrated the accompanying figure. The left panel shows a conventional MR image of a xenograft tumor in a mouse. The right panel shows a series of dynamic spectra acquired in this tumor following injection of hyperpolarized pyruvate. The spectra were acquired over a period of about 2 minutes, and each peak indicates the concentration of a different molecule in the tumor (in this case, pyruvate, lactate, alanine, and pyruvate hydrate). By comparing treated tumors with untreated tumors, these techniques can provide an early assessment of the tumors' response to therapy.



Left: Axial T2 weighted image of a xenograft tumor in a mouse. The diagonal line at upper right is a fiducial marker. Right: A temporal series of carbon-13 spectra acquired every 5 seconds following administration of hyperpolarized pyruvate. The peaks indicate different metabolites, in particular pyruvate and lactate. The lactate signal can be used as a marker of tumor response to therapy.

## Thanks to Drs. Aaron Grant and Elena Vinogradov, MRI Reserach

## 2009 Notable Publications from our Faculty Members [New citations in Blue]

We do a monthly PubMed search for new BIDMC publications and may miss those in which your affiliation is not noted. If we miss your paper, please send the reference to dwolfe@bidmc.harvard.edu to be included in next month's issue.

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